



everwhite

Patient Guide

Patient Instructions - Part 1

# How To Use Everwhite Whitening



Floss and brush your teeth



If using Maintainers Whitening trays, fill the dosing reservoirs (dots) fully with whitening gel.

# How To Use Everwhite Whitening



Ensure your teeth are completely dry. Fit the trays securely in place. Gently press each dosing dot to evenly distribute the gel.



Wipe away any excess gel using a tissue or a soft, dry brush.

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After use, clean your whitening trays with cool water and a soft toothbrush.



6% Hydrogen Peroxide: 1.5 hours per day.

10% and 16% Carbamide Peroxide: Overnight

Your forever lasting smile

  
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# Precautions

- DO NOT use if pregnant or breastfeeding.
- DO NOT use if you have hypersensitive teeth.
- DO NOT use if you experience nausea, vomiting, dizziness, burning, redness, ulceration, discomfort, lesions, hives, marks, spots, swelling, or unusual sensations affecting the lips, gums, or any part of the body. Discontinue use immediately and contact your dentist or doctor.
- DO NOT place household products in the trays.
- DO NOT allow contact with eyes; may cause irritation and risk of eye damage.
- DO NOT inject the gel.
- DO NOT use if there is a risk of swallowing the whitening gel or trays.
- DO NOT use if under 18 years of age.
- DO NOT use if allergic to any of the ingredients.
- DO NOT use after the expiry date shown on the outer packaging.
- DO NOT use to whiten dental restorations; the gel will have no effect.
- DO NOT freeze.
- DO NOT use tobacco products while whitening.