



everwhite

Dentists Information

Dentists Procedure

Obtain informed consent and advise the patient that tooth sensitivity is the primary side effect.

Carry out a full dental examination in accordance with FGDP protocols, documenting any exposed dentine as potential sensitivity sites.

Perform prophylaxis and scaling prior to whitening.

For each treatment cycle, the initial application must be carried out exclusively by a dental practitioner or under their direct supervision, provided an equivalent level of safety is assured.

Take dental impressions or scans and fabricate a custom whitening tray.

Record the initial tooth shade using a high-quality photograph, including the appropriate shade tab and a time stamp.

Review the instructions with the patient and demonstrate correct tray loading.

Limit whitening to teeth visible in the patient's smile.

Demonstrate the correct method for removing excess gel.

Treatment duration will vary. All patients can expect whitening results, although the timeframe may differ depending on the initial shade and type of staining.

Review the patient at the end of treatment and take a follow-up photograph with the original shade tab to document the outcome.